

International Macrobiotic School

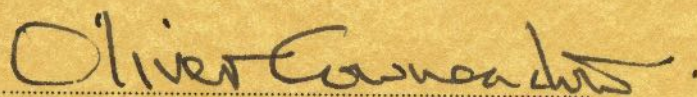
*Macrobiotic
Specialist Cook
&
Healing Guide*

This is to certify that

Celia Duplock

has successfully completed three years of training and all the requirements and assessments to become a Macrobiotic Specialist Cook & Healing Guide. This enables her to cook for a wide range of situations such as preparing generally healthy food for individuals or groups, cooking for families, babies and children, and also to give specialized cooking for those who are ill and requiring more specific healing food. She has also studied the use of home remedies such as healing drinks, compresses, shiatsu and palm healing, to help with simple day-to-day ailments.

26 June 2015



Oliver Cowmeadow & Marijke De Coninck
Principals

International Macrobiotic School
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